

Autumn Hygge

- * Make cinnamon scented dough leaves
- * Watch the sunset
- * Go for a stroll on a misty morning
- * Play boardgames by candlelight
- * Make a large pot of chili
- * Design a scarecrow for your step
- * Spend a day baking
- * Go for a drive through woodland
- * Read an autumnal ghost story
- * Learn "To Autumn" by Keats
- * Make homemade soup
- * Make cinnamon and maple popcorn
- * Visit the Zoo
- * Bake apple pie
- * Collect hats and scarves by the door
- * Jump into a pile of leaves
- * Make pumpkin spice latte
- * Crochet a new scarf

- ★ Have an outdoors picnic
- ★ Go walking in the rain
- ★ Colled beautiful leaves
- ★ Colled cones and acorns.
- ★ Change cream candles for orange ones
- ★ Wash winter woolies with vanilla scented conditioner
- ★ Enjoy an Aperol spritz with dinner
- ★ Bring back afternoon tea
- ★ Make a hat of Autumn leaves
- ★ Use the weekend wisely.
- ★ Visit a farmers market
- ★ Enjoy honey on bread
- ★ Buy a bunch of sunflowers.
- ★ Use apple scented anything
- ★ Paint your nails gold
- ★ Use red lipstick
- ★ Have a bonfire or fire pit
- ★ Make pumpkin bread